

U=U

UNDETECTABLE=UNTRANSMITTABLE



Did you know..

- There are approximately 35,000 new cases of HIV in the US a year.
- HIV diagnosis is not the fatal diagnosis it once was.
- Thanks to medication such as ART (anti retroviral therapy) people who have HIV live normal lives.
- HIV is measured in the body by a viral load test.
- Taking HIV medication can lower your viral load making it undetectable (if it is less than 200).
- There is 0% chance of passing HIV through sexual contact if you have had an undetectable viral load for 6 months or longer.
- This has been studied in thousands of people living with HIV
- U=U has not been proven to eliminate HIV transmission risk through breastfeeding or blood, but a lower viral load drastically reduces the chance of transmission regardless of transmission method.

**For more information you can reach
HeyDenver
303-962-2880
heydenver.org**

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